

HEADACHE?

try W.O.W. *IT WORKS!*

W

~~W~~ATER

Take 10 drinks of water!

O

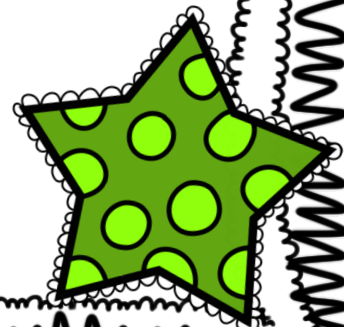
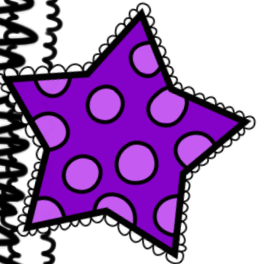
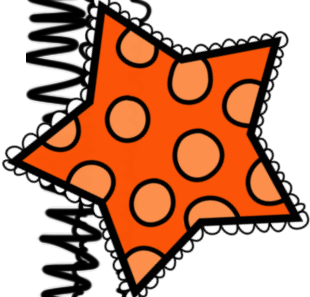
~~O~~XIGEN

Take 10 deep breaths!

W

~~W~~AIT

Wait for 30 minutes!





**THANK YOU for downloading my
Nurse Joy health room resource!
I have used Creative Clips Clip Art
by:**

Krista Wallden

http://

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All Nurse Joy Health Room

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